

Courtyard School Menu **May 2024** Food Supervisor-Mr. Lewis D'Ippolito  
Lunches Provided by Big John's Pizza Queen, Vineland, NJ

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 9:00 am	¾ oz. Cereal* ¾ Cup of Milk Banana	Waffles 1 oz. of Syrup ¾ Cup of Milk 4oz Juicy Juice	¾ oz. Cereal Banana ¾ Cup of Milk	½ Whole Wheat Bagel 1oz Cream Cheese ¾ Cup of Milk 4oz Juicy Juice	4 oz. Yogurt ¾ Cup of Milk or 4oz Juicy Juice Banana
Snack 3:00 pm	1.5 oz Goldfish Crackers 4 oz. Applesauce or 1/2 Cup of Milk	½ cup fresh fruit ½ Cup of Milk Snack Mix or pretzels	Whole Wheat Crackers Cheddar Cheese Slices ½ Cup of Juice	4 oz. Applesauce 1 ½ oz. Chex Mix ½ Cup of Milk	½ cup fresh fruit ½ Cup of Milk Snack Mix or pretzels

**Lunches:** Served 12:15 & with milk (¾ cup) and fresh fruit (apples, oranges, bananas)

**May 1** - WG French Toast (2 oz.) & Sausage Patty (1 ½ oz.)

2 - Chicken w/Gravy (1 ½ oz.); Mashed Potatoes (1/4 cup); WG Bread ½ slice

3 - Turkey (1 ½ oz.) & Cheese on WG Bread; Veggie sticks (1/4 cup)

6 – Pasta (4 oz. ) with Alfredo Sauce & Chicken (1½ oz.); Broccoli (1/4 cup)

7 – WG Chicken Stromboli (1 ½ oz.); French Fries (1/4 cup)

8 – Chicken Parm (1 ½ oz.); Salad (1/2 cup); WG Bread (½ slice)

9 – \*Meatballs (1 ½ oz) on WG Bun; Veggie Sticks (1/4 cup)

10 – Baked Chicken (1 ½ oz.); Spanish Rice (1/4 cup); WG Bread ½ slice

13 – Ham & Cheese (1 ½ oz.) on WG Bread; Tator Tots (1/4 cup)

14 – Grilled Cheese (1 ½ oz.) on WG Bread; French Fries (1/4 cup)

15 – WG Cheese (1 ½ oz.) Pizza; Salad (1/2 Cup)

16 – Beef Cheeseburger (1 ½ oz.) on WG Bun; Tator Tots (1/4 cup)

17 - WG Chicken Nuggets (1 ½ oz.); Green beans (1/4 cup); WG bread (1/2 slice)

20 – Macaroni & Cheese (4 oz.); Broccoli (1/4 Cup)

21 – WG Steak Stromboli (1 ½ oz.); French Fries (1/4 cup)

22 - Chicken Patty (1 ½ oz.) on WG Bun & Veggie Sticks (1/4 cup)

23 - Pasta (4 oz.) with Meat (1.5 oz.) sauce; Mixed Vegetables (1/4 cup)

24 - WG French Toast (2 oz.) & Sausage Patty (1 ½ oz.)

27 – Memorial Day – SCHOOL CLOSED

28 - Pasta (4 oz. ) with Alfredo Sauce & Chicken (1½ oz.); Broccoli (1/4 cup)

29 - \*Meatballs (1 ½ oz) on WG Bun; Salad (1/2 cup)

30 - Baked Chicken (1 ½ oz.); Spanish Rice (1/4 cup); WG Bread ½ slice

31 - Turkey (1 ½ oz.) & Cheese on WG Bread; Veggie sticks (1/4 cup)



**NOTES:** Dressings for salad and veggie sticks either Italian or Ranch. We use WHOLE GRAINS ( WG)

\*VARIETY OF CEREALS SERVED: **CHEERIOS, RICE KRISPIES, KIX, BRAN FLAKES, CORN FLAKES**

½ Cup of fruit consists of a combination of two of the following fruits. Apples, Bananas and or Orange

\*This item may contain pork products.