

Courtyard School Menu **March 2025** - Food Supervisor-Mr. Lewis D'Ippolito
 Lunches Provided by Big John's Pizza Queen, Vineland, NJ

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:10 am	¾ oz. Cereal* ¾ Cup of Milk Banana	Waffles 1 oz. of Syrup ¾ Cup of Milk 4oz Juicy Juice	¾ oz. Cereal Banana ¾ Cup of Milk	½ Whole Wheat Bagel 1oz Cream Cheese ¾ Cup of Milk 4oz Juicy Juice	4 oz. Yogurt ¾ Cup of Milk or 4oz Juicy Juice Banana
Snack 2:00 pm	1.5 oz Goldfish Crackers 4 oz. Applesauce or 1/2 Cup of Milk	½ cup fresh fruit ½ Cup of Milk Pretzels or crackers	Whole Wheat Crackers Cheddar Cheese Slices ½ Cup of Juice	4 oz. Applesauce 1 ½ oz. Chex Mix ½ Cup of Milk	½ cup fresh fruit ½ Cup of Milk Pretzels or crackers

Lunches: Served 11:15 & with milk (¾ cup) and fresh fruit (apples, oranges, bananas)

- MARCH 3** - WG Cheese Pizza (1 ½ oz.); French fries (1/4 cup)
- 4 - Pasta (1/2 cup) with Meat (beef) Sauce (1 ½ oz.); Salad (1/2 cup)
- 5 - Grilled Ham & Cheese (1 ½ oz.) on WG Bread; Tator Tots (1/4 cup)
- 6 – WG Pasta (4 oz) with Alfredo Sauce with Chicken (1 ½ oz.) Broccoli (1/4 cup)
- 7 – Chicken Patty (1 ½ oz.) on WG Bun; French Fries (1/4 cup)

- 10 – WG Chicken Stromboli (1 ½ oz.); Tator tots (1/4 cup)
- 11 - Grilled Cheese (1 ½ oz.) on WG Bread, Fries (1/4 cup)
- 12 - Baked Chicken (1 ½ oz.); Spanish Rice (2 oz.); ½ slice WG bread
- 13 – Meatballs (1 ½ oz.) on WG Bun; Veggie sticks (1/2 cup)
- 14 – Mac ‘n Cheese (4 oz.); Salad (1/2 cup)

- 17 – Chicken Nuggets (1 ½ oz.); French fries (1/4 cup), ½ slice WG bread
- 18 – Beef Cheeseburger (1 ½ oz.) on WG Bun; Fries(1/4 cup)
- 19 – WG Cheese (1 ½ oz.) Pizza; Tator tots (1/4 Cup)
- 20 – Pasta (4 oz.) with Meat (beef) Sauce (1 ½ oz.); Salad (1/2 cup)
- 21 – Hot Turkey with Mashed potatoes (2 oz.) and WG Bread (1/2 slice)

- 24 – WG Steak Stromboli (1 ½ oz.); Tator tots (1/4 cup)
- 25 - Pasta (4 oz) with Alfredo Sauce with Chicken (1 ½ oz.) Broccoli (1/4 cup)
- 26 - Chicken Patty (1 ½ oz.) on WG Bun; French Fries (1/4 cup)
- 27 - WG French Toast (2 oz.) & Sausage Patty (1 ½ oz.)
- 28 - Grilled Ham & Cheese (1 ½ oz.) on WG Bread; Tator Tots (1/4 cup)

- 31 - TBA



NOTES: Dressings for salad and veggie sticks either Italian or Ranch. We use WHOLE GRAINS (WG)
 *VARIETY OF CEREALS SERVED: **CHEERIOS, RICE KRISPIES, KIX, BRAN FLAKES, CORN FLAKES**
 ½ Cup of fruit consists of a combination of two of the following fruits. Apples, Bananas and or Orange
 *This item may contain pork products.