

Courtyard School Menu **May 2025** -Food Supervisor-Mr. Lewis D'Ippolito
Lunches Provided by Big John's Pizza Queen, Vineland, NJ

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:10 am	¾ oz. Cereal* ¾ Cup of Milk Banana	Waffles 1 oz. of Syrup ¾ Cup of Milk 4oz Juicy Juice	¾ oz. Cereal Banana ¾ Cup of Milk	½ Whole Wheat Bagel 1oz Cream Cheese ¾ Cup of Milk 4oz Juicy Juice	4 oz. Yogurt ¾ Cup of Milk or 4oz Juicy Juice Banana
Snack 2:00 pm	1.5 oz Goldfish Crackers 4 oz. Applesauce or 1/2 Cup of Milk	½ cup fresh fruit ½ Cup of Milk Pretzels or crackers	Whole Wheat Crackers Cheddar Cheese Slices ½ Cup of Juice	4 oz. Applesauce 1 ½ oz. Chex Mix ½ Cup of Milk	½ cup fresh fruit ½ Cup of Milk Pretzels or crackers

Lunches: Served 11:15 & with milk (¾ cup) and fresh fruit (apples, oranges, bananas)

MAY 1 - Baked Chicken (1 ½ oz.); Spanish Rice (2 oz.); ½ slice WG bread

2 – Turkey & Cheese (1 ½ oz.) on WG Bread and Veggie Sticks (1/2 cup)

5 - Beef Cheeseburger (1 ½ oz.) on WG Bun; Fries(1/4 cup)

6 – Pasta (1/2 cup) with Meat (beef) Sauce (1 ½ oz.); Salad (1/2 cup)

7 – WG Steak Stromboli (1 ½ oz.); Tator tots (1/4 cup)

8 - Chicken Parm (1 ½ oz.) WG Bread (1/2 slice); Salad(1/2 cup)

9 - Ham & Cheese (1 ½ oz.) on WG Bread; Veggie Sticks (1/2 cup)

12 - Chicken Patty (1 ½ oz.) on WG Bun; French Fries (1/4 cup)

13 – Mac 'n Cheese (4 oz.); Salad (1/2 cup)

14 – WG French Toast (2 oz.) & Sausage Patty (1 ½ oz.)

15 – Meatballs on WG Bun; Veggie Sticks (1/2 cup)

16 – Hot Turkey with Mashed potatoes (2 oz.) and WG Bread (1/2 slice)

19 – Chicken Nuggets (1 ½ oz.); French fries (1/4 cup), ½ slice WG bread

20 - WG Grilled Cheese Sandwich (1 ½ oz.) ; Salad (1/2 Cup)

21 – WG Chicken Stromboli (1 ½ oz.); Tator tots (1/4 cup)

22 – Beef Cheeseburger (1 ½ oz.) on WG Bun; Corn (1/4 cup)

23 - Turkey & Cheese (1 ½ oz.) on WG Bread and Veggie Sticks (1/4 cup)

26 – closed

27 - Chicken Parm (1 ½ oz.); WG Bread (1/2 slice); Salad(1/2 cup)

28 - WG Cheese Pizza (1 ½ oz.); French fries (1/4 cup)

29 - Chicken Patty (1 ½ oz.) on WG Bun; Tator Tots (1/4 cup)

30 - Ham & Cheese (1 ½ oz.) on WG Bread; Veggie Sticks (1/4 cup)



NOTES: Dressings for salad and veggie sticks either Italian or Ranch. We use WHOLE GRAINS (WG)

*VARIETY OF CEREALS SERVED: **CHEERIOS, RICE KRISPIES, KIX, BRAN FLAKES, CORN FLAKES**

½ Cup of fruit consists of a combination of two of the following fruits. Apples, Bananas and or Orange

*This item may contain pork products.